

A B S T R A C T

Frying ingredients are fry-cooked within a frying oil layer used for fry cooking, under the conditions meeting a relationship of $HA/SA^{1/2} = 0.6$ to 3.5 , where
5 SA denotes the surface area of the frying oil layer and HA denotes the height from the bottom to the surface of the frying oil layer.